



FLOUR COMPARISON CHART

CONVENTIONAL FLOURS



GIUSTO'S	APPLICATIONS	GENERAL MILLS	ARDENT	MILLER MILLING	PANHANDLE MILLING	ADM	CENTRAL MILLING
High Performer Item #10247	Crusty Breads, Pizza, Bagels, Hard Rolls	All Trumps King Kaiser Supreme	Kyrol Full Power Producer Sunny Texas	Premium High Gluten	High Gluten Flour	Gigantic Commander Atalas	Extra Light
High Performer Malted	Crusty Breads, Pizza, Bagels, Hard Rolls	All Trumps	Full Power Malted Producer	Premium High Gluten Heart Hi Gluten	N/A	N/A	Extra Light
Giusto's Best Malted	Artisan Breads & Rolls	Supreme King Kaiser Hi-Power	King Midas Quantitate	Bakers Flour (Mellow Judith)	N/A	Majestic Our Best	Artisan
Keith's Best	Artisan Breads, Pizza, Rolls	Harvest King	Minnesota Girl Mello Judith	Premium Patent	Baker's Patent	Dominator	Baker's Special Keith's Best
Artisan Malted Bread Item #14166	Artisan Breads, Pizza, Baguettes	Harvest King	Minnesota Girl	Premium Patent (Big Tex)	Baker's Patent	Golden Hawk	Artisan
Peak Performer	Pan Bread, Soft Rolls, Pita Bread, Pretzels	Superlative Big Loaf	Sun Spring Quantitate Occident Globe Bakers King Midas Special Minnesota Girl	Texas Patent	Baker's Patent	All Montana Crown Best Fortuna	Baker's Special
Snow Flake All Purpose	General Purpose, Pie Crust, Cookies, Biscuits, Tortillas	Big Loaf Harvest King Sure Loaf Sperry Blossom	Degrade Mello Judith	Baker's Flour	All Purpose	Imperial	N/A
All Purpose Enriched Item #15840	Pie Crust, Cookies, Biscuits, Thickening, Tortillas	Golden Gate Gold Medal H&R Sperry Blossom	All Purpose	H&R All Purpose Tortilla (Grand Joaquin & La Unica)	Tortilla	My Choice Five Roses	Gift Edge
Pastry Flour	Pastries, Cakes, Cookies	Cameo Sure Flake	Famous Pikes Peak White Spray	Pastry Flour	N/A	Crown Pastry Perfect Pastry	N/A
Cake Flour	Cakes	SnoSheen SoftasSilk Purasnow	Amber Beauty Velvet Pikes Peak Cake	N/A	N/A	Swan's Cake Crown Cake	N/A



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Whole Wheat Hi Pro Stone Ground Medium	Whole Wheat Artisan breads, bagels, pizzas	Gold Medal Whole Wheat	Stone Ground Fine	Stone Ground Whole Wheat	N/A	N/A	N/A
Whole Wheat Hi Pro	Whole Wheat Artisan breads, bagels, pizza	Gold Medal Whole Wheat	Ardent Hi Pro Whole Wheat	Stone Ground Whole Wheat	N/A	Kansas Diamond Whole Wheat	Whole Wheat Hi Pro
Whole Wheat Flour	Whole Wheat Artisan breads, pizza	Wheat-A-Laxa	Whole Wheat	Stone Ground Whole Wheat	Whole Wheat	ADM Whole Wheat	N/A

SPECIALTY FLOURS

GIUSTO'S	APPLICATIONS	GENERAL MILLS	ARDENT	MILLER MILLING	HONEYVILLE	CAPUTO	CENTRAL MILLING
Giusto's "00" Flour Item #15411	Neapolitan Pizza	General Mills "00" Flour	Primo Mulino	N/A	N/A	Caputo "00" Flour	Normal "00"
Giusto's "00" Flour High Protein	Wood Fired Neapolitan Pizza	N/A	N/A	N/A	N/A	Caputo "00" Tipo Flour	Reinforced "00"
Gluten Free All Purpose Item #24799	Gluten Free Breads, Cookies, Sweet Goods, Breadcrumbs	N/A	N/A	N/A	N/A	N/A	N/A
Durum Flour, Extra Fancy	Pasta and Bread	Sperry Extra Fancy Durum	King Midas Durum	Durum Extra Fancy Patent	N/A	Semolina De Grano	Red Rose Extra Fancy Durum
Semolina Gourmet #1 Item #19305	Pasta	Gold Medal Semolina	#1 Semolina	N/A	N/A	Semolina De Grano	N/A



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ORGANIC FLOURS



ORGANIC FLOUR	% PROTEIN	GIUSTO'S	APPLICATIONS	KING ARTHUR	GENERAL MILLS	CENTRAL MILLING
Organic High Gluten	13-14% protein	Organic Ultimate Performer Item #18174	Crusty Breads, Pizza, Bagels, Hard Rolls	Organic High Gluten	Sperry Organic High Gluten Flour	Organic High Mountain Flour
Organic Bread Flour	11.5-12.5% protein	Organic Bakers Choice	Pan Breads, Soft Rolls, Pizza, Pita Bread, Baguettes	Organic Bakers Classic	Sperry Organic Bread Flour	Organic Bakers Craft Plus
Organic All Purpose	10-11.5% protein	Organic All Family Flour Item #8547, #17320	General Use, Biscuits, Pies	Organic Select Flour	N/A	Organic Beehive Flour
Organic Pastry Flour	8.5-10% protein	Organic Pastry Golden Crescent	Cakes, Pastries	Organic Pastry	N/A	Organic Unbleached Pastry Flour
Organic Whole Wheat Pastry	8-10% protein	Organic Whole Wheat Pastry	Cakes, Pastries	Organic Whole Wheat Pastry	N/A	Organic Whole Wheat Pastry Flour
Organic Whole Wheat	11-12% protein	Organic Whole Wheat Flour	Artisan Whole Wheat Breads & Rolls	N/A	Sperry Organic Whole Wheat Flour	Organic Whole Wheat Special
Organic High Protein Whole Wheat	12.5% protein	Organic Ultimate Performer	Whole Wheat Breads & Rolls	Organic High Protein Whole Wheat	N/A	Organic High Protein Flour
Organic Type 70 Flour	12-14% protein	Organic Old World Type 70 Flour	Artisan Breads	N/A	N/A	Organic Type 70 Malted
Organic "00" Flour		Organic "00" Flour	Neapolitan Pizza	N/A	N/A	Organic "00" Flour